

# **Quantitative Clinical Pharmacology in Drug Development and Drug Approval**

**Xiao Shelley Hu, Ph.D.**

**Director, Head of DMPK and Clinical Pharmacology**

**Wave Life Sciences, Cambridge, MA**

# Overview

- ❑ Case 1: : QCP in DDI Assessment for Drug A
- ❑ Case 2: Application of QCP in Plegridy Approval
- ❑ Model Based Drug Development

<sub>2</sub> QCP: quantitative clinical pharmacology



## Case Study 1: QCP in DDI Assessment for Drug A



# CYP Inhibition by Drug A

*Ruled out clinical DDI for CYP inhibition*

<b>CYP450</b>	<b>Assay</b>	<b>AUCR (600 mg)</b>
CYP1A2	Phenacetin O-deethylase	1.02
CYP2B6	Bupropion hydroxylase	1.02
CYP2C8	Amodiaquine N-deethylase	1.17
CYP2C9	Diclofenac 4'-hydroxylase	1.05*
CYP2C19	S-Mephenytoin 4'-hydroxylase	1.01
CYP2D6	Bufuralol 1'-hydroxylase	1.01
CYP3A4/5	Testosterone 6 $\beta$ -hydroxylase	ND
CYP3A4/5	Midazolam 1'-hydroxylase	1.10

All AUCR below 1.25 per guidance, no further action needed

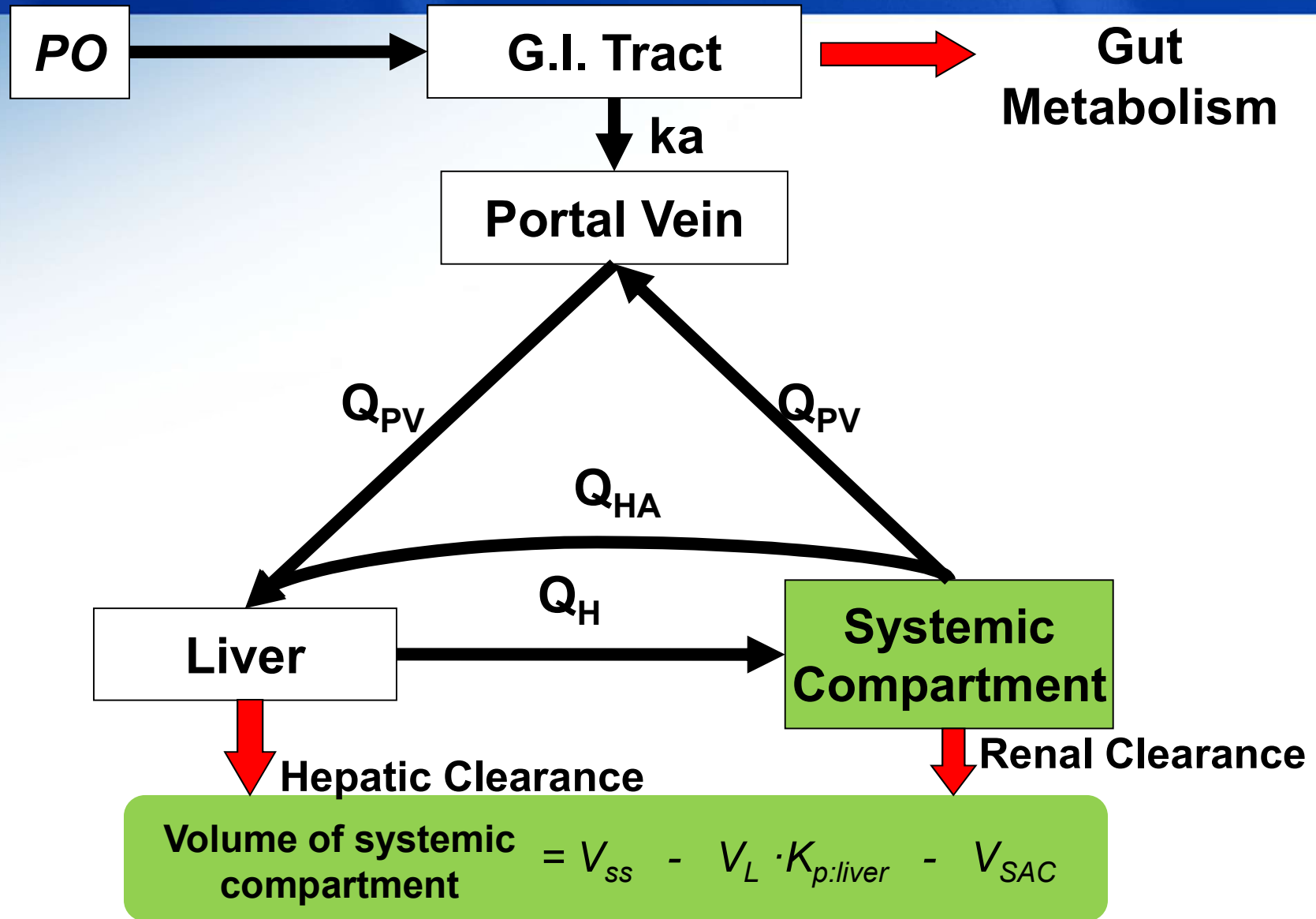
# Drug A as an Inhibitor of Transporters

Transporter	Substrate
P-gp	Digoxin (10 $\mu$ M)
BCRP	Prazosin
OATP1B1	$^3$ H-Estradiol-17 $\beta$ -glucuronide (50 nM)
OATP1B3	$^3$ H-Estradiol-17 $\beta$ -glucuronide (50 nM)
OCT2	$^{14}$ C-Metformin (10 $\mu$ M)
OAT1	$^3$ H-Aminohippurate (1 $\mu$ M)
OAT3	$^3$ H- Estrone-3-sulfate
MATE-1	$^{14}$ C-Metformin (10 $\mu$ M)
MATE-2K	$^{14}$ C-Metformin (10 $\mu$ M)

# Probe Substrates of Transporters

Substrate	Transporters	Dose	Route
Digoxin	pgp	0.5 mg	Oral
Rosuvastatin	OATP1B1 and BCRP	20 mg	Oral
Methotrexate	OAT1/OAT3	200 mg/m <sup>2</sup>	IV

# Illustration of the minimal PBPK model



# SUMMARY

- Clinical studies: pgg, OATP1B1 and BCRP inhibition by Drug A
- Test staggering strategy for OATP1B1
- Waiver application: OAT1 and OAT3 inhibition by Drug A

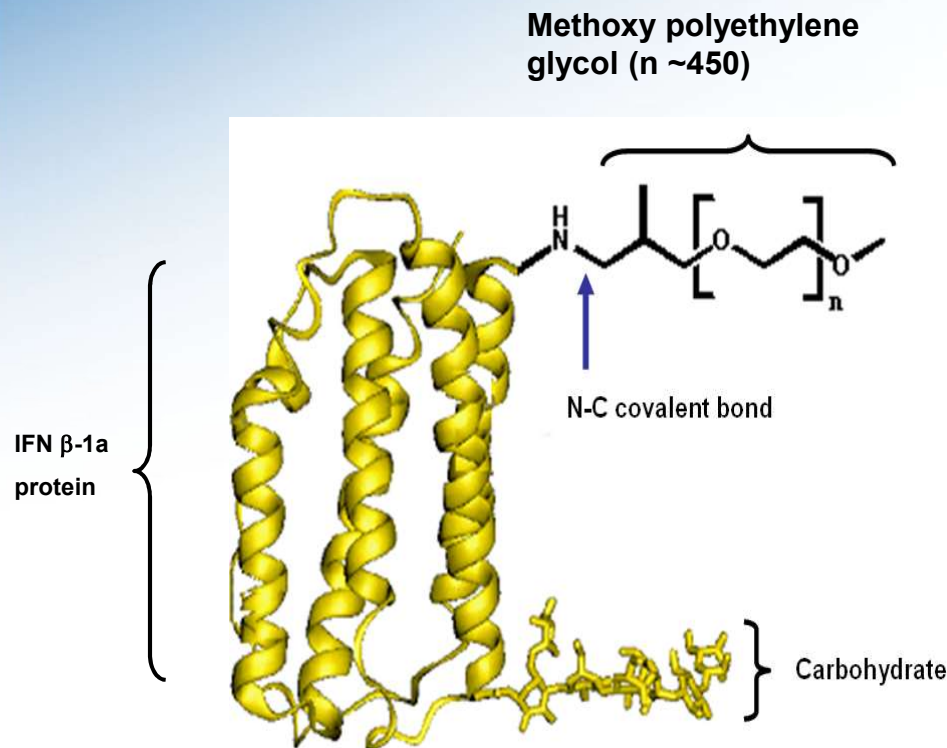




## Case Study 2: QCP in Plegridy Approval



# Plegridy Overview



- Interferon  $\beta$  -1a: approved to treat multiple sclerosis (MS) in 1996 (30  $\mu$ g IM once weekly);
- Plegridy: attaching 20K to the  $\alpha$ -amino group of the N-terminal amino acid residue.
- Longer half-life and greater exposure
- Plegridy was approved in 2014 by FDA and EMA to treat MS (125  $\mu$ g, SC, every two week)

# Application of QCP

- Dose rationale in pediatric subjects
- Support of the optimal dosing regimen in the label

# Dose Selection Rationale for Plegridy PIP

- Question
  - What dose should be given to pediatric patients?
- Knowledge available
  - Two Phase 1 HV studies
  - One PK model

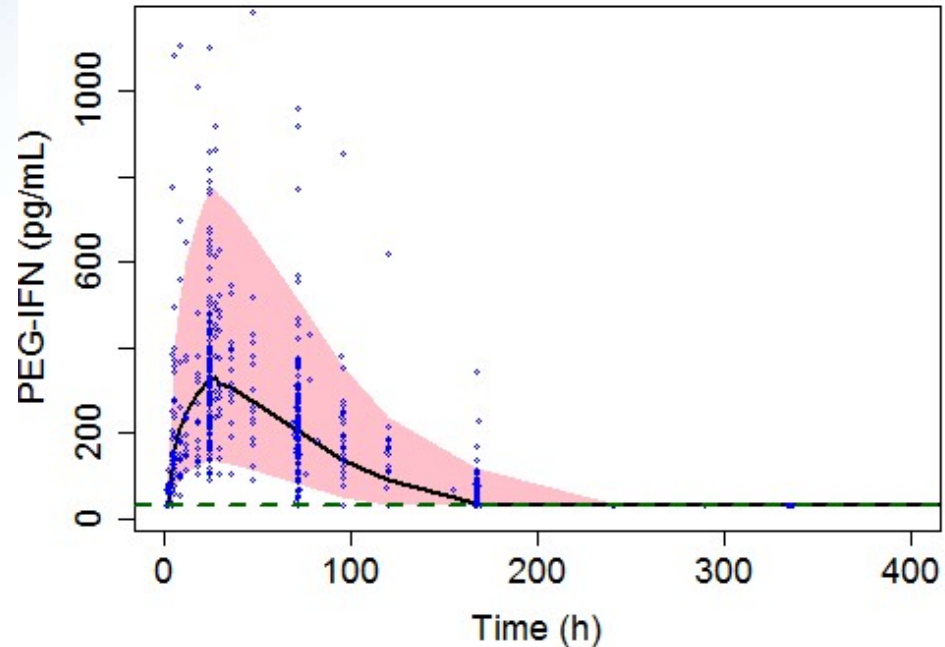
PIP: **P**aediatric Investigation **P**lan;  
HV: healthy volunteer

# Population PK Model from Phase 1

## ■ Model:



CL: total body clearance  
Ka: absorption rate  
Ke: elimination rate  
V: volume of distribution



## ■ Covariates:

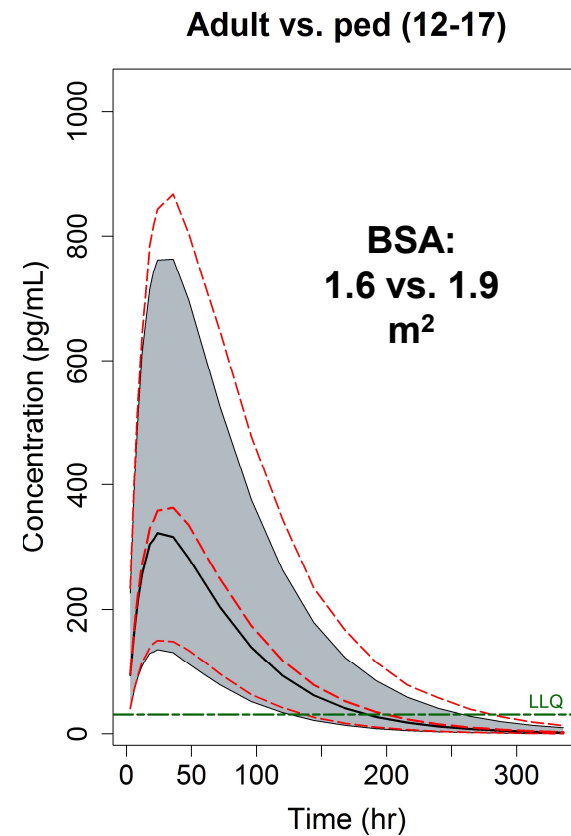
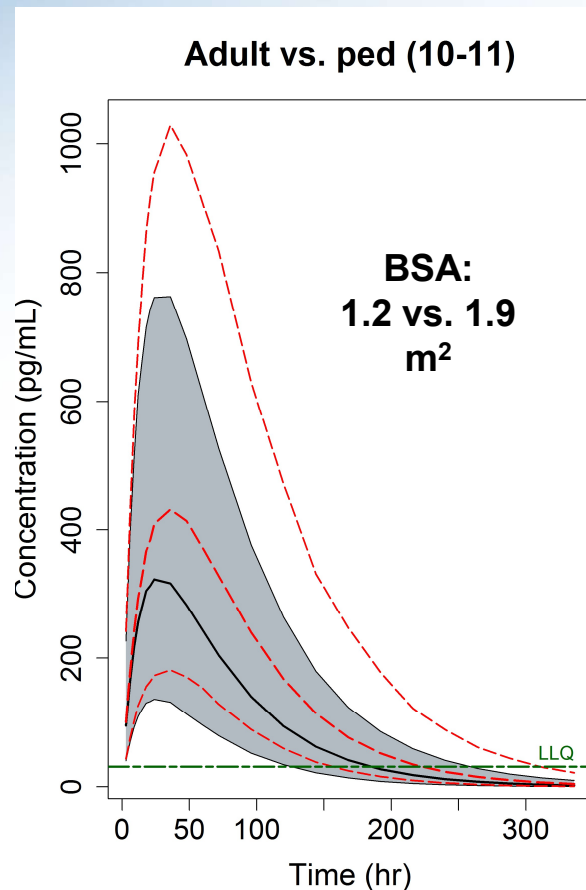
- No impact by age, body weight, body mass index, or body surface area
- Full dose (125  $\mu$ g) was proposed

# Feedback from PDCO

- Request from PDCO to provide further rationale
  - Reference PEGASYS and PEGINTRON pediatric dosing regimen

# Dose Rationale in Pediatric Trial

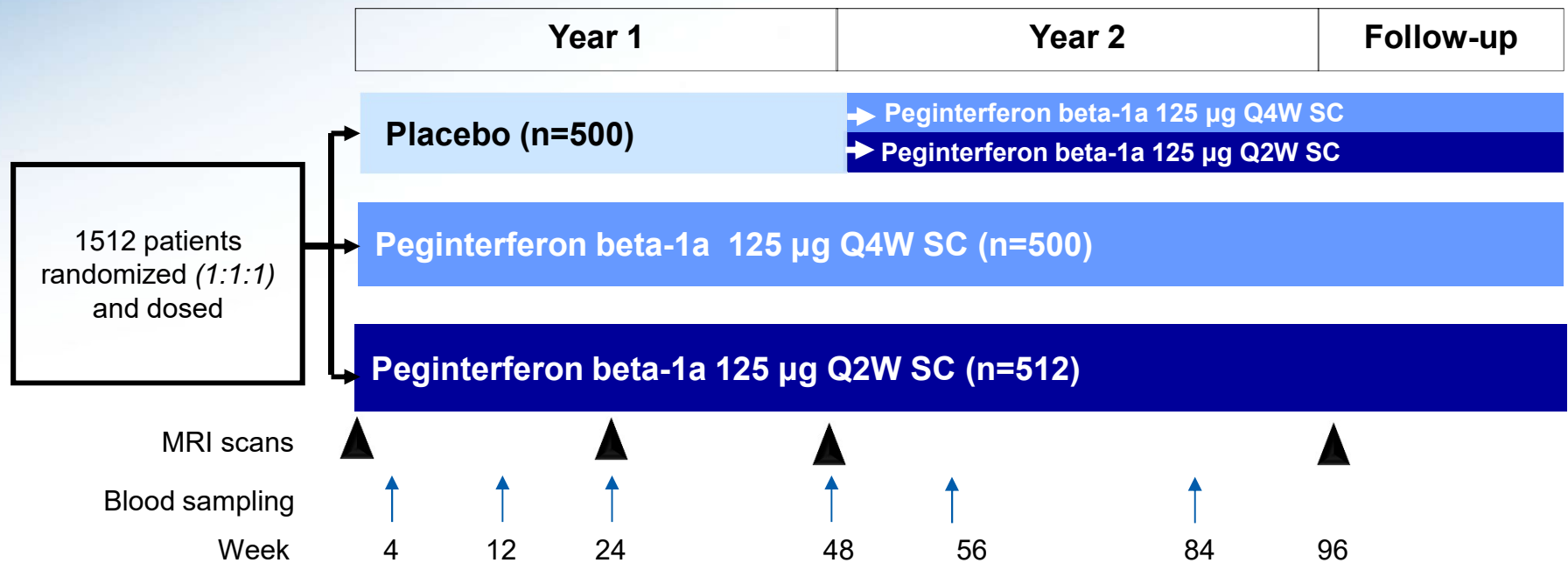
- Simulation in peds based on BSA extrapolation



— Adult median and [5<sup>th</sup>, 95<sup>th</sup>] percentile

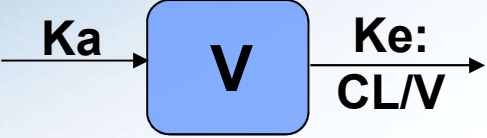
- - - Pediatric median and [5<sup>th</sup>, 95<sup>th</sup>] percentile

# Pivotal Phase 3 Study Design



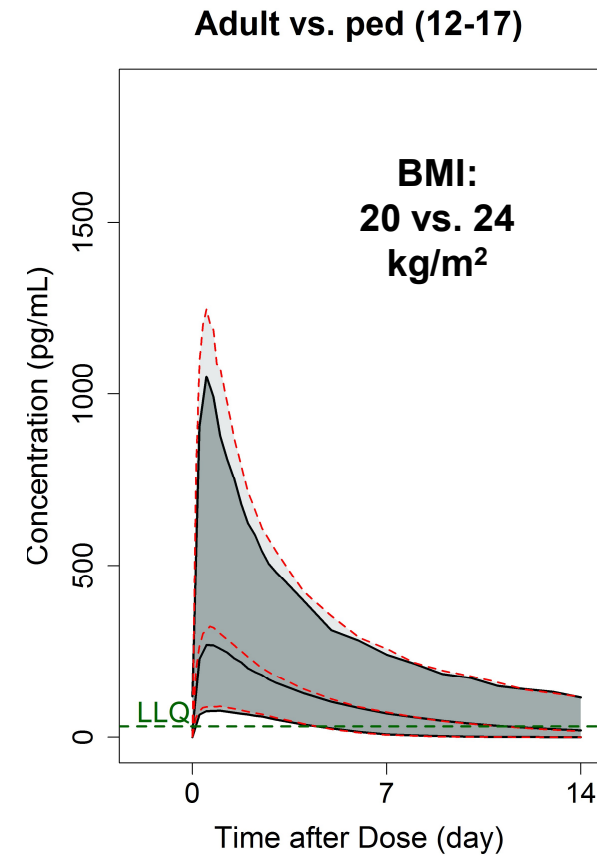
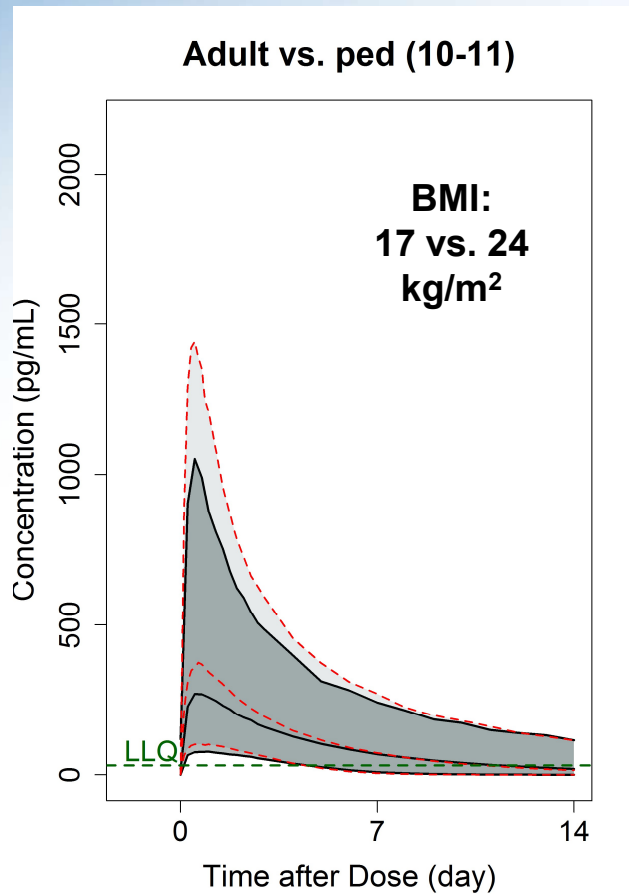


# Final Population PK Model

- Model:  CL: total body clearance  
Ka: absorption rate  
Ke: elimination rate  
V: volume of distribution

- Covariates:
  - BMI affected both AUC and  $C_{\max}$

# Final PK Model Simulation for Pediatric Study



— Adult median and [5<sup>th</sup>, 95<sup>th</sup>] percentile

- - - Pediatric median and [5<sup>th</sup>, 95<sup>th</sup>] percentile

## Simulation Conclusion

- Model based simulations support full dose of 125  $\mu\text{g}$  in the ongoing pediatric study

## Phase 3 Efficacy and Regulatory Request

- 1° Endpoint: annualized relapse rate
  - Placebo: 0.397
  - Every 2 weeks: 0.256 (p=0.0007)
  - Every 4 weeks: 0.288 (p=0.0114)
- Request from EMA on Day 80 and 120 questions to build an exposure-response model
  - **Is there a relationship between exposure and efficacy?**

# Model 1: AUC-ARR

- Mathematical Model (negative binomial model/Poisson-Gamma mixture)

$$\text{Relapse}_i \sim \text{Poisson}(\lambda_i * \text{Duration}_i)$$

$$\lambda_i \sim \text{gamma}(\alpha, \alpha/\lambda\hat{a}_i)$$

$$\text{Log}(\lambda\hat{a}_i) = \text{log}(\lambda_0) + b * \text{AUC}_i$$

*Relapse<sub>i</sub>* = relapse number of subject *i*

$\lambda_i$  = ARR of subject *i*

$\lambda\hat{a}$  = mean of the gamma distribution

*Duration<sub>i</sub>* = study duration in years

$\alpha$  = shape factor of gamma distribution

$\alpha/\lambda\hat{a}$  = rate parameter;

$\lambda_0$  = baseline ARR

*AUC<sub>i</sub>* = cumulative AUC over 4 weeks for subject *i*

*b* = slope for AUC

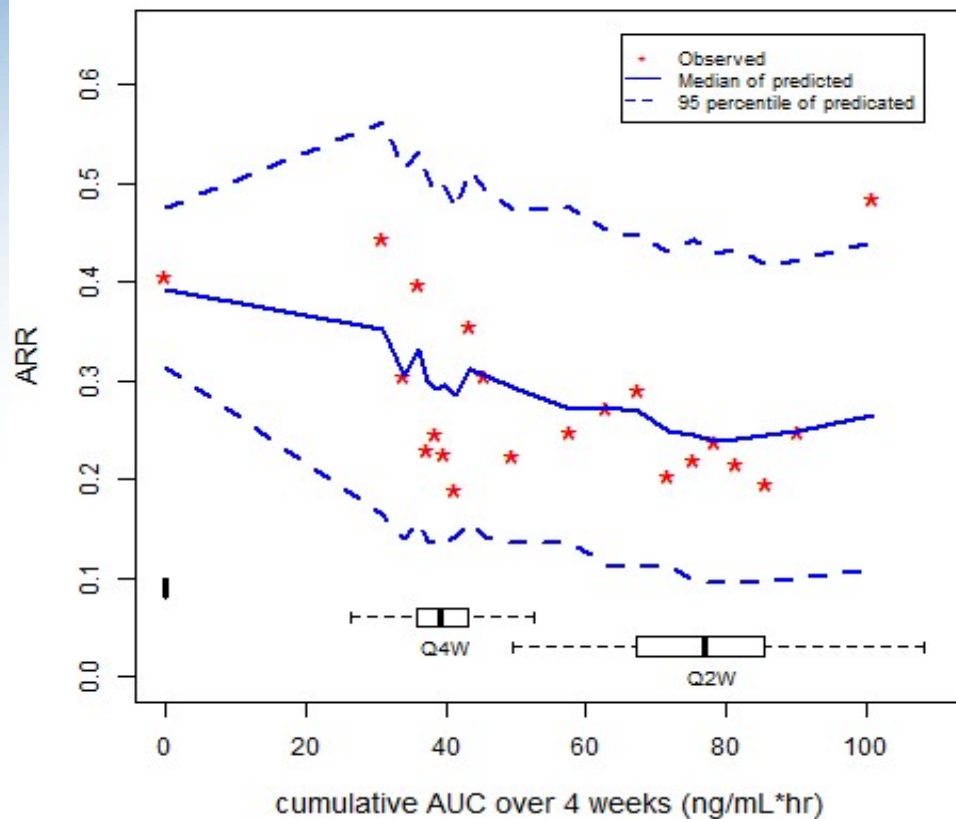
## Model 1: AUC-ARR Model

- Final Model

$$\text{Log}(\lambda\text{hat}_i) = \log(0.391) - 0.00518 * \text{AUC}_i$$

- **Greater plegridy exposure of q2W is associated with greater ARR reduction**

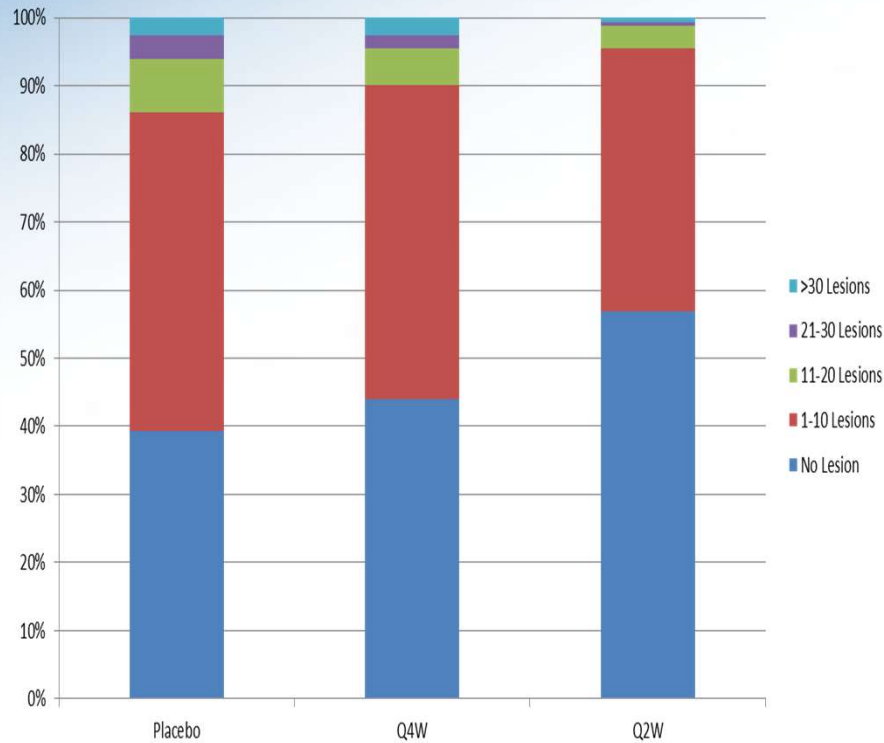
# Relationship between AUC and ARR



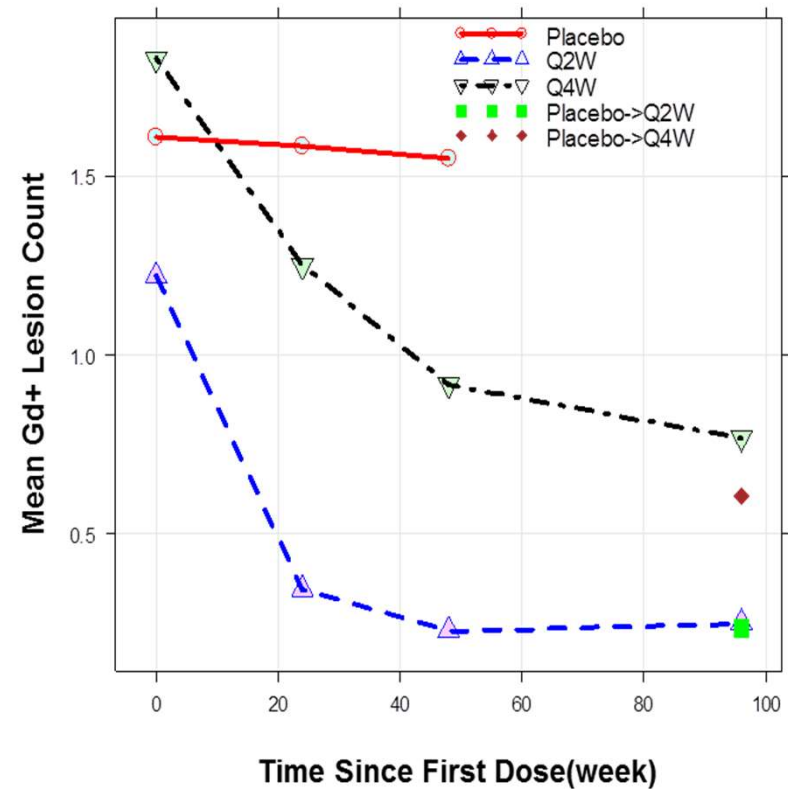
- Observed data aligned with model predicted data
- Correlation between cumulative monthly AUC and ARR
- Steep ARR decline in the AUC range of Q2W, vs a more flat curve in the AUC range of Q4W

# Gd+ Lesion Data Examination

## Distribution of Total Gd+ Lesion Count on the Trial



## Gd+ Lesion Count over Time



Gd+ = gadolinium-enhancing; Q2W = every 2 weeks; Q4W = every 4 weeks



# Model 2: AUC-Gd+ Lesion Model

- Mathematical Model (A mixture model with negative binomial distribution)

$$\lambda_{i0} = \lambda_{i0,1} * I\{Y = 1\} + \lambda_{i0,2} * I\{Y = 0\}$$

$$Y \sim \text{Bernoulli}(1, p)$$

$$\lambda_{i0,1} \sim \text{LN}(\mu_1, \omega_1^2), \lambda_{i0,2} \sim \text{LN}(\mu_2, \omega_2^2),$$

$$P(\text{Lesion}_{ij} = k) = \frac{\Gamma(k + \frac{1}{r})}{\Gamma(k+1) * \Gamma(\frac{1}{r})} * \left(\frac{1}{1+r*\lambda_{ij}}\right)^{\frac{1}{r}} * \left(\frac{\lambda_{ij}}{\lambda_{ij} + \frac{1}{r}}\right)^k$$

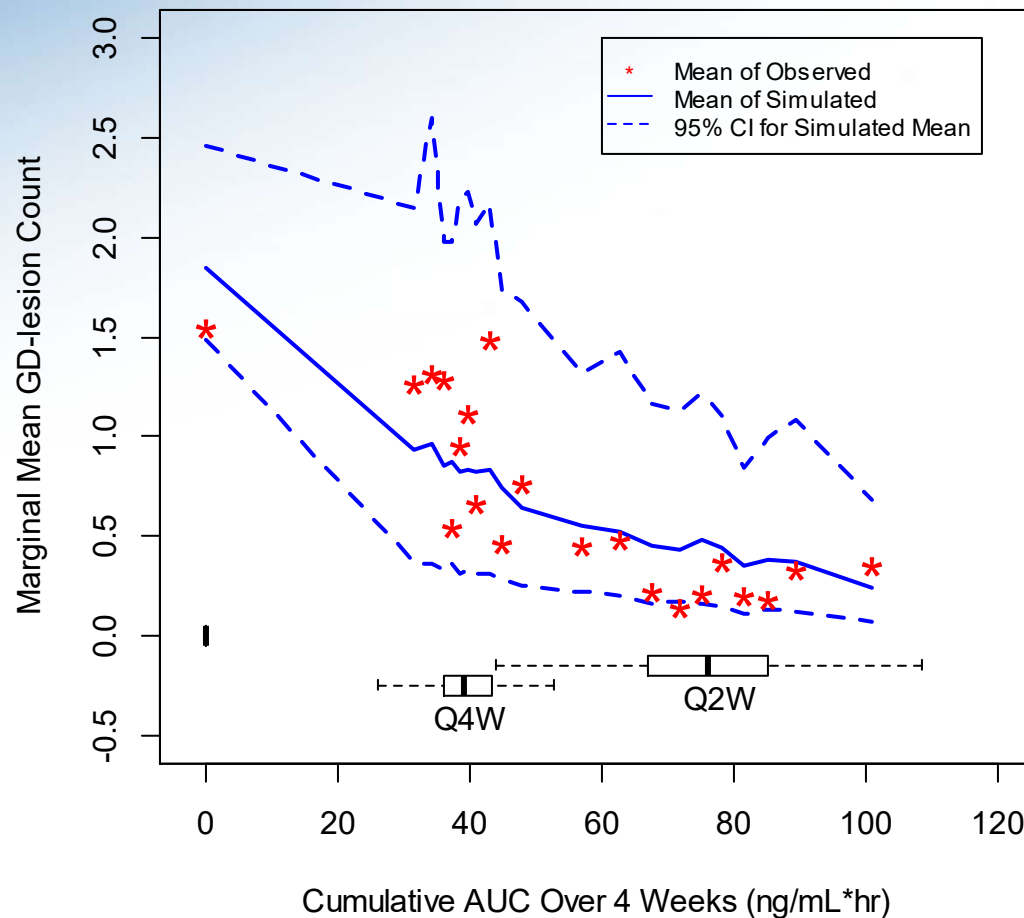
## Final Model:

$$\log(\lambda_{ij}) = \log(\lambda_{i0}) - \mathbf{0.0256} * AUC_{ij} * \left(1 - \exp\left(-\frac{0.69}{t_{1/2}} * t_{ij}\right)\right)$$

$\lambda_{i0}$  = Lesion count at baseline for subject i  
 $\lambda_{i0,1}$  = Baseline lesion count for low activity population;  
 $\lambda_{i0,2}$  = Baseline lesion count for high activity population;  
 $p$  = Proportion of subjects with lower baseline lesion activity  
 $Y$  = low or high activity indicator n  
 $\mu_1$  = Mean lesion count for the low activity population  
 $\mu_2$  = Mean lesion count for the high activity population

$\text{Lesion}_{ij}$  = Gd+ lesion count for subject i at measurement j;  
 $r$  = over dispersion factor and can take one of the two values;  
 $b$  = slope for AUC  
 $AUC_{ii}$  = cumulative AUC over 4 weeks for subject i  
 $t_{1/2}$  = half-life of Gd+ lesion count decline

# Relationship between AUC and ARR



- Observed data aligned with model predicted data
- Correlation between cumulative monthly AUC and Gd+ lesion data
- Steep Gd+ decline in the AUC range of Q4W, vs a more flat curve in the AUC range of Q2W

# Plegridy dosing regimen in the label

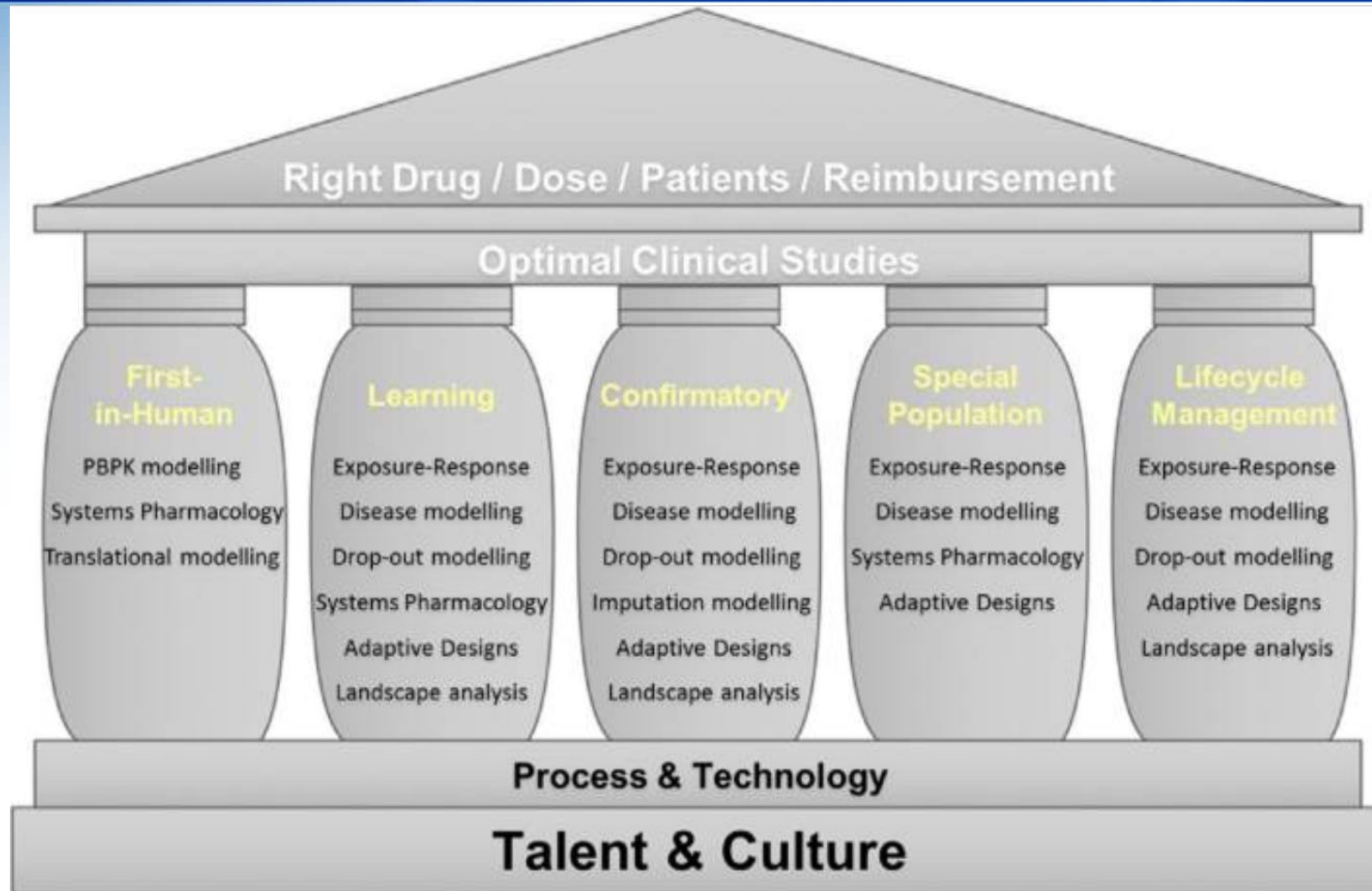
## **Conclusion from exposure-response analyses**

- Greater plegridy exposure in the Q2W group explained the enhanced efficacy as compared to the Q4W group.
- Q2W was the only recommended dosing regimen

# Overall Summary

- Quantitative Clinical Pharmacology has been applied to
  - In silico DDI assessment for Drug A provided rationales of DDI study waivers
  - Application of QCP to support Plegridy label and pediatric studies
- Quantitative clinical pharmacology plays a key role in drug development.

# Structure of Model Based Drug Development



# General Consideration in Reality

PRECLINICAL

PHASE I

PHASE II

PHASE III

← Long term plans

Immediate needs →



**Priority**



**Significance of Impact**

# When there's data, there's a best model to describe it

- Weather forecast (with probability)
- Predictive model for successful marriage ( $\geq 6$  years)\*

$$W_{t+1} = a + r_1 W_t + I_{HW}(H_t)$$

$$H_{t+1} = b + r_2 H_t + I_{WH}(W_t)$$

- Hormone surge\*

## Women's Hormone Equations

$$\frac{dx_i}{dt} = x_i \{K - D(X - M_1 x_i)(X - M_2 x_i)\}, \quad i = 1, \dots, N, \quad \frac{1}{M_1} + \frac{1}{M_2} < 1, \quad X = \sum_{j=1}^N x_j.$$

## Men's Hormone Equations

$$\lambda(t) = H_{12} \left( \int_{(t-t_2)^{+0}}^{(t-t_1)^{+0}} X_{Tc}(r) dr, \int_{(t-t_2)^{+0}}^{(t-t_1)^{+0}} X_G(r) dr \right), \quad \int_{t-t_2}^{t-t_1} X_A(r) dr \stackrel{\text{def}}{=} \begin{cases} \frac{1}{t_2-t_1} \int_{t-t_2}^{t-t_1} X_A(r) dr, & \text{if } t_2 > t_1 \\ X_A(t-t_1), & \text{if } t_2 = t_1 \end{cases}$$

$$p(s | T_G^{t-1}, \lambda(\cdot)) = \gamma \times \lambda(s) \left( \int_{T_G^{t-1}}^s \lambda(r) dr \right)^{\gamma-1} \exp\left(-\int_{T_G^{t-1}}^s \lambda(r) dr\right), \quad T_G^t = \left[ \min_j \{T_G^j | T_G^j \geq T_G^{t-1} + \tau_L\} \right] + \tau_L.$$

$$N_G(t) = \sum_{j=1}^{\infty} 1_{\{T_G^j \leq t\}}, \quad N_L(t) = \sum_{j=1}^{\infty} 1_{\{T_L^j \leq t\}}, \quad S_G(t) = H_3 \left( \int_{(t-t_2)^{+0}}^{(t-t_1)^{+0}} X_{Tc}(s) ds \right) + \xi_G(t), \quad S_{Tc}(t) = H_4 \left( \mu(t) \times \int_{(t-t_2)^{+0}}^{(t-t_1)^{+0}} X_L(s) ds \right) + \xi_{Tc}(t),$$

$$S_L(t) = H_{5,6} \left( \sum_{j=0}^{N_L(t)} \int_{(T_L^j-t_2)^{+0}}^{(T_L^j-t_1)^{+0}} X_G(s) ds \times \Gamma(t - T_L^j), \int_{(t-t_2)^{+0}}^{(t-t_1)^{+0}} X_{Tc}(s) ds \right) + \xi_L(t),$$

$$d\xi_i(t) = -\delta_i \xi_i(t) + \tau_i(S_i(t)) dB_i(t), \quad \xi_i(0) = 0, \quad \delta_i > 0, \quad i = Tc, G, L,$$

$$A_G^t = \int_{T_G^{t-1}}^{T_G^t} S_G(t) dt, \quad A_L^t = \int_{T_L^{t-1}}^{T_L^t} (1 - e^{-\eta(t-T_L^{t-1})}) S_L(t) dt, \quad M_i^t = \Psi_i(T_i^{t-1}, T_i^t) \times M_i^{t-1} + A_i^t, \quad i = G, L,$$

$$Z_G(t) dt = [\beta_G + M_G^{N_G(0)} \psi_G(t - T_G^{N_G(0)})] dt, \quad dX_G(t) = \{-\alpha_G(X_G(t))X_G(t) + Z_G(t)\} dt + \sigma_G(X_G(t)) dW_G(t),$$

$$Z_L(t) dt = [\beta_L + M_L^{N_L(0)} \psi_L(t - T_L^{N_L(0)}) + e^{-\eta(t-T_L^{N_L(0)})}] S_L(t) dt, \quad dX_L(t) = \{-\alpha_L(X_L(t))X_L(t) + Z_L(t)\} dt + \sigma_L(X_L(t)) dW_L(t),$$

$$Z_{Tc} dt = [\beta_{Tc} + S_{Tc}(t)] dt, \quad dX_{Tc}(t) = \{-\alpha_{Tc}(X_{Tc}(t))X_{Tc}(t) + Z_{Tc}(t)\} dt + \sigma_{Tc}(X_{Tc}(t)) dW_{Tc}(t).$$

\*Clio Cresswell, TEDx Sydney Talk 2014



Thank you!