## POPULATION PK MODELING: THEORY, MODEL DEVELOPMENT AND APPLICATIONS

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## **OBJECTIVES**

### Following this workshop, the audience are expected to have a brief understanding of:

✓Why Population Pharmacokinetics (Pop PK) modeling are useful

- ✓ When we develop Pop PK models
- ✓ Basic theory of Pop PK models
- ✓ Software and model development process
- ✓ Case study of application

## POPULATION PK ANALYSIS ARE EXPECTED IN NDA AND BLA



### Population Pharmacokinetics Guidance for Industry

#### DRAFT GUIDANCE

"Population PK analysis is frequently used to guide drug development and inform recommendations on therapeutic individualization (e.g., through tailored dosing) (Marshall et al. 2015; Lee et al. 2011; Bhattaram et al. 2005). Adequate population PK data collection and analyses submitted in marketing applications have in some cases alleviated the need for postmarketing requirements (PMRs) or postmarketing commitments (PMCs). "



European Medicines Agency

GUIDELINE ON REPORTING THE RESULTS OF POPULATION PHARMACOKINETIC ANALYSES

"The efficacy and safety of a new chemical entity (NCE) is generally characterised in phase III studies in a well defined restricted patient population. The pharmacokinetic (PK) information is used to extrapolate the safety and efficacy findings to the wider patient population who may receive the NCE in question. Today, population PK analyses are a regular part of the documentation of an NCE and form one way in which an applicant can choose to provide PK information.

Population PK studies are also submitted to regulatory agencies as part of type II variations of approved products or line extensions (e.g. in dose-finding studies in paediatric populations, for new indications or new formulations), and can in these applications constitute a large or even the main part of the clinical documentation. "

## ABUNDANT EXAMPLES OF APPLICATIONS OF POP **PK IN DRUG DEVELOPMENT OR POST-APPROVAL**

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**Journal of Pain Research** 

Dovepress open access to scientific and medical research

ORIGINAL RESEARCH

8 Open Access Full Text Article

Population pharmacokinetic modeling to facilitate dose selection of tapentadol in the pediatric population

> This article was published in the following Dove Press journal: Journal of Pain Research

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Objective: The main aim of this analysis was to characterize the pharmacokinetics (PK) of the strong analgesic tapentadol in 2-year-old to <18-year-old patients with acute pain and to inform the optimal dosing strategy for a confirmatory efficacy trial in this patient population. Methods: The analysis dataset included tapentadol concentrations obtained from 92 pediatric patients receiving a single tapentadol oral solution (OS) dose of 1.0 mg/kg bodyweight in two single-dose PK clinical trials. Population PK analysis was performed using nonlinear mixed effects modeling. Simulations were performed to identify tapentadol OS doses in

## WHY DO WE NEED POP PK MODELS

### Explain

### Characterize the effect of various intrinsic and extrinsic factors on PK

- demographics (age, sex, race)
- disease (e.g. hepatic disorder, renal disorder, circulatory disorders)
- genotype
- administration related factors: route (e.g. oral, sub-cutaneous, intra-muscular, intra-venous, intra-thecal, inhaled, topical, suppository), site (e.g. arm vs. abdomen), volume and rate
- meal, formulation, drug-drug interaction etc
- Input for PK/PD models

### Predict

- untested dosing regimens
- untested populations

Ultimate goal: optimize/control variability in exposure therefore response

## POP PK MODELS IN PHASE I

Prior to first-in-human: some prediction based on animal data to guide starting dose and sampling schedule

Phase I studies (in both healthy volunteers and patients) and other dedicated clin pharm studies:

- opportunity to collect intensive PK profiles
- thorough characterization of structure model
- initial assessment of within- and between-subject variation
- definitive assessment for meal effect, formulation effect, organ dysfunction effect
- preliminary assessment of covariate effect like demographics, population (healthy volunteer vs. patients) due to narrow range

### Utility of Pop PK models in Phase I

- predict exposures at different dose level or frequency to guide dose escalation decision
- input for PK/PD model for biomarkers, efficacy or safety endpoints to guide dose escalation decision

## POP PK MODELS IN PHASE II

### Phase II studies in patients:

- desirable to collect rich samples for better understanding of PK/PD relationship as this is a key goal for development at this stage
- however the feasibility of collecting rich samples is limited by practicality: population, cost, patientburden, typically not as intensive as phase I, some may be sparse
- covariate effect assessment becomes more feasible and could guide phase III study design

### Utility of Pop PK models in phase II

- it's all about Phase III study design: inclusion/exclusion criteria, dose regimens, meal instructions, contraindicated medications
- aid pharmaceutical science colleagues on dose strength and formulation development

## POP PK MODELS IN PHASE III

### Phase III studies in patients:

- typically only sparse samples allowed (e.g. near Cmax or pre-dose trough) when patients visit clinical sites, again due to patient-burden and cost
- occasionally sub-study with intensive PK profiles (if inadequate assessment in this population in prior studies)
- opportunity to apply sampling scheme optimization
- much broader range for covariates therefore better assessment of covariate effect
- significantly increased between-subject variation due to broader population, patient compliance issue, data reporting quality, deviation from protocol specified procedures etc

### Utility of Pop PK models phase III

- thorough assessment of PK/PD relationship
- justify dosing regimen recommendation in label

## POP PK MODELS POST APPROVAL

### Phase IV studies in patients:

- expansion of indication, population, route-of-administration or formulation
- similar situation as Phase III

Utility of Pop PK models in this stage

- thorough assessment of PK/PD relationship
- justify dosing regimen recommendation in label

### Basic Theory of Pop PK Models

## DRUG X — A CASE STUDY

Drug X Concentration (ng/ml)

A small molecule

Oral administration

First-in-human study: 50, 150 and 300 mg

Conditions: fasted and fed

Sampling schedule: pre-dose, 0.25, 0.5, 0.75, 1, 1.5, 2, 2.5, 3, 4, 6, 8, 12, 16, 24 and 36 post dose

Overall impression: similar shapes of PK profiles across subjects, variability mainly around Cmax and Tmax with same dose level



Time Since Dose (hour)

## PHYSIOLOGICALLY BASED PK VS. POP PK (COMPARTMENT MODELING)



## **MODELING STEPS**

Identify purpose of modeling

Data gathering and data set construction

Data exploration

Define the structure model (closed form or differential equation)

Define the stochastic model for random effects and residual errors

Parameter estimation methods

Develop covariate model

Model evaluation

## DATA GATHERING AND DATA SET CONSTRUCTION

Design the experiment (number of subjects, number of samples and timing of sample collection)

• how much information does the data contain for the parameter of interest?

collect dosing history (amount, rate and time), sample collection, concentration values

 data error leads to problem in parameter estimation and inflated inter-subject variability and residual error

### Collect other important covariate information

• take into consideration during design stage – do I have sufficient range for definite conclusion?

Create a data set conforming to specific format requirement of a software (e.g. NONMEM, Monolix, Phoenix NLME)

• pay special attention to syntax, otherwise a tiny error will make you frustrated!

## AN EXAMPLE OF NONMEM DATA SET

ID	TIME	AMT	EVID	DV	CMT	MDV
1	0	100	1	0	1	1
1	2.0931	0	0	4.3452	2	0
1	4.0262	0	0		2	1
1	5.868	0	0	2.5479	2	0
1	8.2031	0	0	2.311	2	0
1	12.197	0	0	1.359	2	0
1	15.426	0	0	0.77452	2	0
2	0	100	1	0	1	1
2	1.9734	0	0	3.5815	2	0
2	4.0999	0	0	2.4303	2	0
2	6.3688	0	0	1.1134	2	0
2	7.8599	0	0	1.8294	2	0
2	11.442	0	0		2	1
2	17.013	0	0	0.26225	2	0

ID: unique subject identification number
TIME: time since first dose
AMT: amount of drug administered
EVID: 1 for dosing, 0 for observation
DV: concentration in this case
CMT: compartment, here 1 for dosing
depot and 2 for central compartment
(where plasma concentration is measured)
MDV: is the observation missing, e.g. not
collected or BLOQ? 1 for yes and 0 for no.

## **DRUG X: DATA EXPLORATION**

Drug X Concentration





- Different color for different doses
- Studies 1, 2, 3, 101 and 103 are clin pharm studies
- Studies 201, 202 and 302 are Phase II and III studies

Time Since Most Recent Dose (hr)

## **DEFINE THE STRUCTURE MODEL**

### How many compartments (excluding absorption related)?

- visual inspection in log scale
- comparing different models and compare goodness of fit

### Any signs of nonlinearity in dose or time?

- saturation in absorption
- saturation in clearance
- target-mediated drug disposition
- auto-inhibition or auto-induction

### Absorption process can be complicated and erratic

- first-order
- mixed zero-order and first-order
- enterohepatic recirculation
- transit –compartment model
- weibull function

### Define parameters

- macro-parameters like Vc, Vp, CL, Q
- micro-constant like kel=CL/Vc, k12=Q/Vc, k21=Q/Vp



Fig. 1. Serum concentration (mean  $\pm$  SE) of aducanumab (logarithmic scale) over time after a single dose. <sup>a</sup>One patient in the 10 mg/kg group had a measurable concentration of aducanumab at the pre-dose sample (0) time. Abbreviation: SE, standard error.





## STRUCTURE MODEL FOR PARENTERAL ROUTE



## FIRST-ORDER 2-COMPARTMENT MODEL IV DOSE (DIFFERENTIAL EQUATION)



$$\frac{dA_c}{dt} = k_{21}A_p - (k_{12} + k_{10})A_c$$
$$\frac{dA_p}{dt} = k_{12}A_c - k_{21}A_p$$

$$C_c = A_c/V_c$$
  
 $A_c(t = 0) = \text{Bolus Dose}$   
 $A_p(t = 0) = 0$ 

$$k_{12} = \frac{Q}{V_c}$$
$$k_{21} = \frac{Q}{V_p}$$
$$k_{10} = \frac{CL}{V_c}$$

## FIRST-ORDER 2-COMPARTMENT MODEL IV DOSE (CLOSED FORM SOLUTION)



$$k_{12} = \frac{Q}{V_c}$$

$$k_{21} = \frac{Q}{V_p}$$

$$k_{10} = \frac{CL}{V_c}$$

$$a = k_{12} + k_{21} + k_{10}$$

$$\lambda_1 = \frac{a + \sqrt{a^2 - 4k_{10}k_{21}}}{2}$$

$$\lambda_2 = \frac{a - \sqrt{a^2 - 4k_{10}k_{21}}}{2}$$

$$C_1 = \frac{k_{21} - \lambda_1}{\lambda_2 - \lambda_1} / V_1$$

$$C_2 = \frac{k_{21} - \lambda_2}{\lambda_1 - \lambda_2} / V_1$$

Closed form solution for bolus dose:

$$C(t) = Dose \times (C_1 e^{-\lambda_1 t} + C_2 e^{-\lambda_2 t})$$

# DEFINE THE STOCHASTIC MODEL FOR RANDOM EFFECT AND RESIDUAL ERROR

Typically the PK parameters are assumed to follow log-normal distribution as they have positive values and skewed to the right

In theory each of the parameter has inter-subject variability, however depends on relative position of samples on the PK curve, data usually contains more information on some parameters like clearance and volume of central compartment, but less information on parameters like inter-compartment clearance and peripheral compartment volume

Usually starting a model with random effect on all parameters lead to parameter identifiability issue, suggest to start with simple model and add random effect gradually

Random effects may be correlated

Residual errors typically are assumed to be additive error, proportional error, or additive plus proportional error

## **RANDOM EFFECT AND RESIDUAL ERROR**



## PARAMETER ESTIMATION

Objective function value (OFV): proportional to the sum of squared differences of the observations from the model prediction

OFV is non-linear in model parameters (structure model, random effect and residual error related parameters), estimation of parameter is a process of locating parameter set in parameter space that minimize OFV

Estimation methods: first order (FO), FO conditional estimation, Laplace method, Monte Carlo importance sampling expectation maximization, Markov Chain Monte Carlo stochastic approximation expectation maximization, Iterative two stage, MCMC Bayesian analysis

Covariance step for precision of parameter estimates

Choice of initial value is important, need to avoid parameter estimates being local minima instead of global minima

## **COVARIATE EFFECT ON PK PARAMETERS**

Covariate effect refers to systemic relationship between PK parameter and covariate, e.g. impaired renal function leads to smaller clearance, allometric scaling

Covariate effect accounts for between-subject variation and enables us to reduce exposure variation in population or reach desired effect through adjustment on dosing

Covariates can be continuous (e.g. body weight) or categorical (e.g. sex)

Need sufficient range for continuous variable and sample size for definitive assessment of covariate effect

Statistical significance – change in Objective Function Value

Clinical relevance – magnitude of effect, reduction in between-subject variation, degree of change in exposure across range, degree of change in clinical response

## PARAMETERIZATION OF COVARIATE EFFECT

Continuous variable, e.g.

• Linear: 
$$CL = TVCL + \theta * (age - 50)$$

• Power function:  $CL = TVCL * \left(\frac{age}{50}\right)^{\theta}$ 

Other functions like Emax, logit, piece linear functions

### Categorical variable

•  $CL = \begin{cases} \theta_1, & if male \\ \theta_2, & if female \end{cases}$ 

Sometimes, the covariate change with time, e.g., weight-lose drug change body weight which in turn change CL and V, development of anti-drug antibody over time

## **COVARIATE MODELING**

Identify candidate covariates, biological relevance (e.g. height vs. shoe size, body weight, BMI or lean body weight)

Evaluate range of covariates and correlation between covariates (to avoid collinearity), sample size

Screening: plot Empirical Bayesian Estimate of each parameter or random effect against covariates

- identify covariates to be formally tested in the model
- identify proper candidate parameter-covariate relationship (some should be based on knowledge of biology, physiology and allometric principles)
- be aware of shrinkage issue

## COVARIATE MODELING (CONT'D)

### Covariate selection

- forward-selection followed by back-ward elimination (use difference p-value for significant criteria)
- full model followed by back-ward elimination

Consideration for final inclusion in the model and interpretation

- magnitude and significance
- how much between-subject variation does it explain?
- what is the clinical implication?

## MODEL EVALUATION — THE OBVIOUS ONES

Any error/warning message?

□ Was the minimization step successful? Covariance step successful?

Are the estimated parameter values plausible from a physiological point of view?

Are the parameters estimated with reasonable precision (Relative Standard Error < 30%)</p>

Any shrinkage issue?

### MODEL EVALUATION – GOODNESS OF FIT



Observed value and model prediction (population prediction, individual prediction) symmetrically scattered around unit line



Model prediction should agree with observations

## MODEL EVALUATION - WEIGHTED RESIDUAL



Residual errors resemble normal distribution

No trend when residual errors plotted against time and within range expected for standard normal distribution



No trend when residual errors plotted against model prediciton and within range expected for standard normal distribution

## **MODEL EVALUATION — RANDOM EFFECT**

1.0

Histogram of random effect should look like normal distribution



#### Random effect should lack correlation after covariate step



### **MODEL EVALUATION — SIMULATION BASED**

Visual Predictive Check

**Posterior Predictive Check** 





0

Projection of observed AUC

to pred. 95% CI (n = 15)

2

-1 0

Projection of observed AUC

to pred. 95% CI (n = 15)

2

-2 -1 2

0

Projection of observed AUC

to pred. 95% CI (n = 15)

-2 -1



## **MODEL EVALUATION — OTHER TOPICS**

Bootstrap for parameter confidence interval

Condition number

Likelihood profiles

External validation

Sensitivity analysis of outliers

Understand limitation of the model

## SIMULATION BASED ON POP PK MODEL

### Question to be addressed

- Type of simulations
- Typical profile
- Range of exposure across a population (random effect)

### Simulation design

- Dose regimen
- Sampling time points
- Number of subjects
- Realistic distribution for covariates

### Choice of parameters

- Final estimate
- Uncertainty in parameter estimates
- Correlation between parameters

## OTHER TOPICS RELATED TO POP PK MODELING

Optimization of sampling scheme

Handling of LLOQ data

Identification of outliers and how to handle them

### Software

- Parameter estimation: NONMEM, Monolix, NLME in S-plus, R packages, NLME in Phoenix, etc
- Post-processing: R, Xpose, Perl-speaks-NONMEM
- Work bench: KIWI, Pirana

### Model should be fit-for-purpose

The law of briefness – parsimonious model

### Case Study

# TAPENTADOL: POP PK TO FACILITATE DOSESELECTION IN PEDIATRIC POPULATION

### Background

- Tapentadol is a centrally acting strong analgesic that acts through μ-opioid receptor agonism and noradrenaline reuptake inhibition
- Infants and children of all ages (including neonates) are able to perceive and experience pain
- Approved dose in adult 50-100 mg every 4-6 hours
- Two postsurgical studies with single dose of Tapentadol in pediatric population were conducted with PK collection
- Need to identify dose regimen to be tested in a confirmatory efficacy study in 2-18 year old patients suffering from acute postsurgical pain

### Strategy

- Develop Pop PK with covariates based on two pediatric PK studies
- Simulate dose regimens that yields exposure similar to approved dose regimens in adults

## TAPENTADOL PEDIATRIC PK STUDY

Two single-dose phase 2 trials evaluating PK profile, safety and efficacy of tapentadol oral solution for the treatment of postsurgical pain in children and adolescents

Sampling scheme:

- 12 to <18 years: 8 venous samples at 0.25, 0.5, 1, 2, 4, 6, 11 and 15 hrs
- 6 to <12 years: 4 venous samples within 4 time windows of 0.25-1, 1-4, 4-11, and 11-15 hours
- 3-5 years: 2 venous samples within 2 time windows of 0.25 -1, 4-11 hours
- 2 years: 1.25, 3, 5 and 8 hours

Table I Age, bodyweight, and sex (% females) of the trial populations

	Age (years)	Bodyweight (kg)	% females
NCT01729728 (n=56) <sup>17</sup>	•		·
12 to <18 years (n=19)	16 (12–17)	60.8 (43.5–79.7)	42.1
6 to <12 years (n=22)	8 (6-11)	29.05 (21.8-44.9)	68.I
2 to <6 years (n=15)	3 (2–5)	16.3 (12.7–19.5)	46.7
NCT01134536 (n=36) <sup>16</sup>	·	·	·
12 to <18 years (n=25)	14.5 (12–17)	59 (41–80)	52.0
6 to <12 years (n=11)	9 (6-11)	31 (20.2–58)	54.5
Combined (n=92)			
12 to <18 years (n=44)	15 (12–17)	60 (41–80)	47.7
6 to <12 years (n=33)	9 (6-11)	29.5 (20.2–58)	63.6
2 to <6 years (n=15)	3 (2-5)	16.3 (12.7–19.5)	46.7



Figure I Scatter plot of observed tapentadol concentration versus time. The open circles represent the observed tapentadol concentrations and the lines represent the median concentrations.

Note: Data are median (range)

### TAPENTADOL POP PK MODEL

Structure model: both 1- and 2- compartment models are tried and 1-compartment model with linear clearance and first-order absorption is adequate

•Random effect model:  $P_i = P_{tv} \times \exp(\eta_i)$ 

Residual error model: 
$$C_{o,ij} = C_{p,ij} \times (1 + \varepsilon_{1,ij}) + \varepsilon_{2,ij}$$

•Covariate model: 
$$P_{TV} = \theta \times \left(\frac{X}{X_{ref}}\right)^n$$
,  $P_{TV} = \theta_{ref} \times \left(1 + \sum \theta_j * I\right)$ 

Covariates included in base model: body weight on CL/F and V/F

 Candidate covariates: age, sex, aspartate transaminase (AST), alanine transaminase (ALT), alkaline phosphatases (ALP) and bilirubin on CL/F and V/F, creatinine clearance (CRCL) on CL/F

### TAPENTADOL FINAL POP PK MODEL

Parameter	Estimate	RSE (%)	95% Confidence interval	
			NONMEM	Bootstrap (n=500)
CL/F (L/h)	170	3.3	159.06-180.94	162.08-182.94
V/F (L)	685	4.5	624.83-745.17	653.55-777.96
Ka (h <sup>-1</sup> )	2.03	16.5	1.373-2.687	1.599-3.263
TLAG (h)	0.247	0.7	0.243-0.251	0.245-0.273
Exponent CL-WT	0.638	11.1	0.499-0.777	0.515-0.766
Exponent V-WT	0.847	10.2	0.678-1.016	0.718-1.029
Additive error (ng/mL)	0.181	39.1	0.042-0.32	0.036-0.415
Proportional error (σ)	0.329	8.7	0.273-0.385	0.269-0.365
IIV CL/F (ω <sup>2</sup> )	0.048	32.1	0.018-0.078	0.025-0.088
IIV V/F ( $\omega^2$ )	0.024	61.5	-0.005-0.053	0.012-0.081
IIV Ka (ω <sup>2</sup> )	1.99	32.2	0.734-3.246	1.042-3.673
Cov CL/F-V/F	0.03	<b>46.</b> I	0.003-0.057	0.012-0.071
Cov CL/F-Ka	0.009	614.5	-0.107-0.126	-0.090-0.155
Cov V/F-Ka	-0.072	93.6	-0.203-0.060	-0.219-0.080

 $\label{eq:Table 2 Final tapentadol population pharmacokinetics parameter estimates and 95\% confidence intervals. Estimates of CL/F and V/F relate to a reference weight of 45 kg$ 

Abbreviations: CL/F, apparent clearance after OS administration; Cov, covariance;  $\sigma$ , standard deviation;  $\omega^2$ , variance; IIV, inter-individual variability; Ka, first-order absorption rate constant; RSE, relative standard error (derived from the covariance matrix of the estimates reported by NONMEM); TLAG, absorption lag-time; V/F, apparent volume of distribution after OS administration; WT, weight.



Figure 2 Floc of observed tapenadol concentration versus population predicted (A), observed tapenadol concentration versus individual predicted (B), conditional weighted residuals versus for (D). The black represents the identity line (A, B) or the zero line (C, D). Abbreviators C/VMLS, conditional weighted residuals.



Figure 3 Simulated concentration-time curve for the pediatric population (2 to <18 years) using final parameter estimates from the population pharmacokinetic model, showing the variability (blue area, representing the 95% prediction interval) and central trend (red line: median prediction), together with the observations (open circles). Abbreviation: y years.

## DOSE RECOMMENDATION FOR TAPENTADOL BASED ON FINAL POP PK MODEL



Figure 5 Empirical Bayesian estimates of bodyweight-normalized apparent clearance (left panel) and apparent clearance (right panel) versus weight together with modeled relationship, using a power function (line) (Table 2). Abbreviations: AUC, area under the curve; yrs, years.



Figure 4 Boxplot of the simulated steady-state area under the curve (AUCss) of tapentadol in adults and pediatric subjects 2 to <18 years of age receiving 1.0 mg/kg, 1.25 mg/kg, and 1.5 mg/kg of tapentadol every 4 hrs. The gray shaded area represents the 2.5th and the 97.5th percentile of the AUCss in adults receiving 50 mg and 100 mg tapentadol every 4 hrs, respectively. The central black line indicates the 50th percentile (median) of the AUC in adults receiving 75 mg tapentadol every 4 hrs. Abbreviations: AUC, area under the curve; y, years.

Clearance increases with body weight, however body weight normalized clearance decrease with weight, which explains why a body weight based dosing regimen do not yield same exposure range across age groups

Recommended dose regimen for pediatric confirmatory study: 1.25 mg/kg every 4 hours, which best mimic exposure (AUCss) range as approved dose range 50-100 mg

### LET'S GO MODELING!!!



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